



Volunteers needed for a research study on balance control

You may qualify if:

- ✓ You are a healthy Veteran
- ✓ You are 18-45 years old
or 65-89 years old
- ✓ You can comfortably stand and walk for about 20 minutes.

You will not qualify if:

- ✗ You are between the ages of 46 and 64, or older than 89
- ✗ You are taking medication that affects balance
- ✗ You have a motor or neurological disorder that affects your balance

For more information or to schedule a phone interview, please call:

Tina Penman @ 503-220-8262 x52007

- ✚ This study is investigating how age affects balance control in healthy individuals during stance and while walking. The research will also test ideas to improve balance during walking. Participants will perform numerous balance tests where body sway is recorded while balance is disturbed.
- ✚ If you are eligible for the study, your total participation in this study would be at least 1 session (2.5 hours) up to 6 sessions (15 hours). Compensation for time and travel is a \$40 payment for each session (up to \$240 total).
- ✚ There is no direct benefit to study volunteers. This is a research study, not treatment.

This study, "Balance Control Mechanisms, Age-related Changes, and Methods for Improvement of Balance During Gait" (#3678) is being conducted by Dr. Robert Peterka, Ph.D., at the NCRAR at the VA Portland Health Care System, 3710 SW US Veterans Hospital Road, Portland, OR 97239



U.S. Department of Veterans Affairs

Veterans Health Administration
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VA Portland Health Care System
INSTITUTIONAL REVIEW BOARD
PHONE NUMBER (503) 273-5122
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