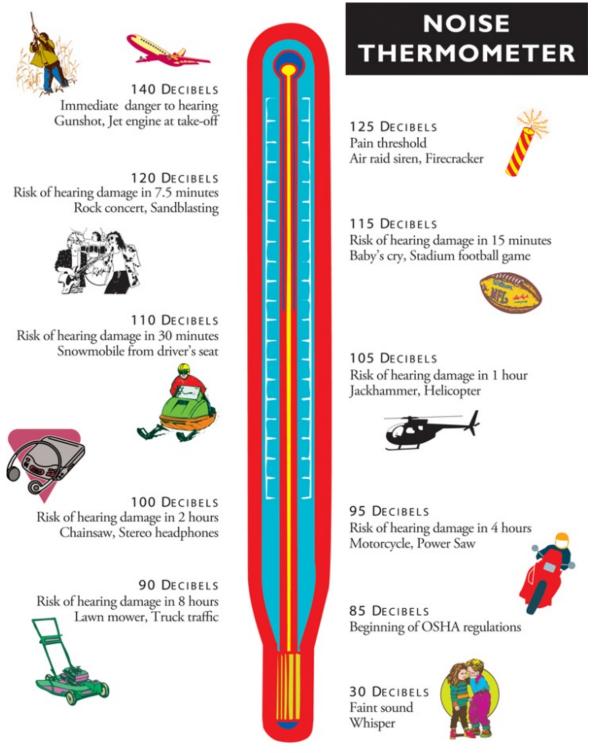
To help you understand what we mean by "exposed to loud noise" see the graph below for examples of loud sounds. You are most likely "exposed to loud noise" if you are around activities at or above 85 decibels. Another example of loud noise is noise that makes it hard to talk to or hear another person, or makes your ears ring after exposure.



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