

Driving Directions to Portland VA Medical Center:

From the North:	OR	From the West:	From the Northwest:
• Travel South on I-5;	Take I-5 South to	Travel East on US-	Travel Southeast on Hwy
cross the Willamette	Terwilliger Blvd exit.	26/Sunset Hwy, stay in	30 (St. Helens Road)
River via the Marquam	Stay in the right hand	the right lane and follow	towards City Center,
Bridge, following the	lane and go right at the	signs to Salem/The	following signs to I-405
signs to City	top of the exit (Barbur	Dalles.	South.
Center/Beaverton.	Blvd).	Pass through the Vista	• Take I-405 South, get in
• Take 6th Ave exit. Get in	At the first light, take a	Ridge Tunnel, following	the right lane after the
the left lane immediately	left onto Terwilliger	signs to I-405 South.	US-26/Sunset Hwy exit
and turn left on College.	Blvd.	Stay in the right lane	and then exit at 6th Ave.
• Turn left on Broadway,	Go through the light at	and take the 6th Ave	Stay in the right lane
stay in the right lane,	Capitol Hwy.	exit and follow signs to	and follow signs to the
and follow the signs to	Follow Terwilliger Blvd.	VA Hospital.	VA Hospital.
VA Hospital.	approximately 2-2.5		
	miles to VA Hospital.		
From Lake Oswego:	From the Southeast:	From the East:	From the South:
Travel North on	Travel North on	Travel West on I-84 to	• Travel North on I-5;
Macadam.	McLoughlin Blvd. or	the junction of I-5	take the Terwilliger Blvd.
Turn left on Boundary	West on Powell.	South.	exit and turn left.
just past the Johns	Cross the Willamette	Follow I-5 across the	Follow Terwilliger Blvd.
Landing Water Tower.	River via the Ross Island	Willamette River via the	approximately 2.5 miles,
 Proceed one block and 	Bridge and take City	Marquam Bridge.	crossing Barbur Blvd.
turn right on Corbett.	Center exit.	Take 6th Ave exit and	and Capital Hwy.
Come to a four-way stop	Follow Corbett as it	get in the left lane	Follow signs to VA
and turn left on	turns into Kelly, Arthur,	immediately and turn	Hospital/OHSU.
Hamilton, at the next	and Caruthers.	left on College.	
light cross Barbur Blvd.	Stay in the far left lane	• Turn left on Broadway,	
and go up the hill on	so that you will be able	stay in the right lane	
Hamilton.	to turn left on 6th Ave.	and follow signs to VA	
• Turn right on Terwilliger	Follow signs to VA	Hospital.	
Blvd. and follow signs to	Hospital.		
VA Hospital.			

Parking:

• From Terwilliger, turn on to SW US Veterans Hospital Road. You will see where to turn by a sign that says Portland VA Medical Center.



• Go past Day Use and employee lots (Lots 1 and 9 on the map) to the stop sign, do not turn into the parking lot entrance to the left of the stop sign – this is for employees only. Go straight after the stop sign and take the next left toward the Visitor/Patient Parking, and left again into the parking structure (designated by the yellow circle "entrance to P" on the map).





• If an attendant asks you the reason for your visit, please say you have a Research appointment at the NCRAR.





• To your left, you will see the parking garage entrance. Turn left into the parking structure, immediately veer right (in the direction of the arrows) to enter the first row of parking (all the way over to the right).





• Go all the way to the end of the first row of parking places. As you go around the end and start heading back up the other side, take the first right into a lane marked "**Additional Parking**". Park in this section if possible (this is Lot 3 on the map). **Please allow extra time for parking because spaces are limited.**





Finding NCRAR:

- If you are early, please wait in your car until about 15 minutes (at most) before your scheduled appointment time. If anyone accompanied you to the VA, please do not bring them with you into the building.
- Please put your mask on before you leave your car (this is hospital policy). If you forgot a mask, please try to stay 6 feet away from anyone else as you enter the building. A mask will be provided when you arrive at the NCRAR.

**PLEASE TAKE NOTE OF WHERE YOU HAVE PARKED so you can find your car easily after your appointment.

• Immediately to your right as you entered Lot 3 you will see a sliding glass door that says "Mental Health". After you have parked, go through this door to the elevators inside. This is parking level P2 and these are the elevators you will need to access our facility.



• Take these elevators down to level P5 (bottom floor). We are the only facility on this level. On level P5, you will take a left out of the elevator and see two big glass doors. This is the **National Center for Rehabilitative Auditory Research (NCRAR)**.



- Before entering the lobby, please sanitize your hands, and make sure you are wearing a face mask. If you brought your own mask, we may ask you to change to a mask we provide. Please wait in the lobby for someone to assist you.
- **NOTE:** If you end up approaching the main hospital building instead (building 100 on the map), there will be someone monitoring the entrance to the building. Please ask for directions to **Building 104** and DO NOT enter the main VA hospital lobby.
 - From the front of the VA, cross the street. Look for the entrance to Primary Care the elevators you need are just past the doors for Primary Care. Take the elevators to P5.